



Calendar of Activities & Events

February to June 2024

Month & Day	Time	Activities and Events
February		
Friday 2	10:00 am - 11:30 am	"How to build and empowered relationship with work-related stress" Workshop 1: "Stress 101 and Building Awareness"
	4:30 pm - 6:00 pm	Children Play Group - "Valentine's Kids Fun Time!"
Wednesday 7	10:00 am - 11:15 pm	Webinar: "Tax and Financial Planning"
	2:30 pm - 4:30 pm	Workshop: "Giant Wool" with Lina Toro
Friday 9	10:00 am - 11:30 am	"How to build and empowered relationship with work-related stress" Workshop 2: "Understanding How Stress Affects your Well-Being"
Friday 16	11:00 am - 12:30 pm	Visit to National Museum of Women in the Arts
Thursday 22	6:30 pm - 8:30 pm	Tasting & Pairing Pisco
Friday 23	10:00 am - 11:30 am	"How to build and empowered relationship with work-related stress" 3: "Sustainable Change/Sustainable Transformation" Workshop
March		
Friday 8	10:30 am - 11:30 am	Work Permit Informative Session
Friday 15	10:30 am - 12:00 pm	Welcoming Coffee
	4:30 pm - 6:00 pm	Children Play Group
Saturday 16	11:00 am - 1:00 pm	Walking Tour to Georgetown Historical
To be announced	10:30 am - 12:00 pm	Workshop: Watercolor and Ink
April		
Saturday 20	11:00 am - 1:00 pm	Guided visit to Arlington Cemetery
Friday 12	10:00 am - 12:00pm	Career Development Workshop: "Develop Your Career Path"
Friday 19	10:00 am - 12:00 pm	Career Development Workshop: "Explore Your Next Job"
Friday 26	10:00 am - 12:00 pm	Career Development Workshop: "Writing Your Best Resume"
To be announced	4:30 pm - 6:00 pm	Children Play Group
May		
Friday 3	10:00 am - 12:00pm	Career Development Workshop: "Acing your Interview"
Friday 31	10:30 am - 12:00 pm	IDB Family Association Board of Directors Elections
To be announced	4:30 pm - 6:00 pm	Children Play Group
June		
Saturday 8	11:00 am - 1:00 pm	Visit to Capitoll Hill and Library of Congress

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