

Courses Calendar

January to May 2026

(16 weeks of classes)

The classes will be held in person and virtually.

The classes will start on Tuesday, January 20th, 2026.

ENGLISH CLASSES

Cost per Semester

Level	Days	Time	Member	Non-Member
Level 1 - Primarily in person*	Tuesday, Wednesday & Thursday	12:30 pm to 2:30 pm	\$360	\$720
Level 2 - Primarily in person*	Tuesday, Wednesday & Thursday	10:00 am to 12:00 pm	\$360	\$720
Level 3 - Primarily in person*	Tuesday, Wednesday & Thursday	10:00 am to 12:00 pm	\$360	\$720
Level 4 - Primarily in person*	Tuesday & Thursday	10:00 am to 12:00 pm	\$310	\$620
Level 5 - Primarily in person*	Monday & Wednesday	10:00 am to 12:00 pm	\$310	\$620
Intermediate Conversation - Primarily in person*	Wednesday	12:30 pm to 2:30 pm	\$260	\$520
Advanced Conversation - Virtual	Tuesday	12:30 pm to 2:30 pm	\$260	\$520
Advanced Conversation - Virtual	Wednesday	12:30 pm to 2:30 pm	\$260	\$520

FRENCH CLASS

Level	Days	Time	Member	Non-Member
Basic / Intermediate	Wednesday	10:00 am to 12:00 pm	\$310	\$620

YOGA CLASSES

	Days	Time	Member	Non-Member
Yoga (In person)	Monday	12:30 pm to 1:45 pm	\$160	
Yoga for beginners (In person)	Thursday	12:30 pm to 1:45 pm	\$160	
Yoga (Virtual)	Tuesday and Thursday	4:30 pm to 5:45 pm	\$320	

*The classes will be primarily in person, with some virtual classes to be coordinated between the students and the teacher.

***A minimum of 4 students is required to open the classes.

The cost of the books is not included.

Members are dependents of IDB employees and consultants.

Need more information?

Contact us today!

familya@iadb.org or 301-493-6576